

ALLERGY GUIDE

WINTER MENU 2023

**BÂTON
ROUGE**

GRILLHOUSE & BAR

WELCOME TO BÂTON ROUGE!

The following tables represent the allergens that contain or may contain in the dishes we serve.

X= CONTAINS


O= MAY CONTAIN


Products identified with an “o” (may contain), are identified according to the supplier’s recommendations during preparation or processing. Please always refer to your server who will be pleased to help you adapt your choice to have the best possible experience.


Despite all the precautions that our staff apply to the preparation of allergen-free dishes, cross-contamination is always a possibility. Therefore, we cannot guarantee the total absence of recognized allergens (including gluten) during the preparation of the dishes.


Please refer to the notes to find out what sides and sauces are or not included with the dishes. Please refer to the “side dishes, sauces or dressings” categories to obtain the specific allergens for your selection.

Enjoy your meal!

	VEGETARIAN	EGGS	DAIRY PRODUCTS	PEANUTS	NUTS	SESAME	FISH	CRUSTACEANS	MOLLUSKS	WHEAT	GLUTEN	SOY	SULPHITES	MUSTARD	Notes
APPETIZERS															
CAULIFLOWER WINGS	X					X				X	X	X	X	O	
GARLIC BREAD AU GRATIN		X	X		O	O	O	O	O	O	X	O	O	O	
BEEF TARTARE		O	X			O				X	X	O	X	X	
CALAMARI		X	X			O		X		X	X	O	X	X	
LOBSTER-STUFFED MUSHROOMS		X	X		X	X		X		X	X	X	X		
TEMPURA SHRIMP		X				X		X		X		X		X	
CAESAR SALAD			X				X			X	X	X	X	X	WITH CAESAR DRESSING
MIXED SALAD	X	X	X							X	X	X			NO DRESSING, PLEASE REFER TO THE DRESSING SECTION
ONION SOUP			X							X	X	X	X		
SPINACH DIP			X				O	O		X	X	X	X	X	TORTILLA CHIPS MAY BE COOKED IN THE SAME OIL AS SOME PRODUCTS THAT CONTAINS GLUTEN AND/OR CRUSTACEANS
CREAMY POTATO SOUP		X	X							X	X	X	X		
GRILLED OCTOPUS		X	X						X		X	X			
SALADS															
THAI STEAK		X				X						X	X	X	WITH GINGER-LIME DRESSING AND THAI SAUCE
CHICKEN TENDERS		X	X				O			X	X	X	X	X	WITH HONEY MUSTARD DRESSING- DAIRY PRODUCTS ARE ONLY IN THE CROUTONS
MIXED	X	X	X							X	X	X			NO DRESSING, PLEASE REFER TO THE DRESSING SECTION
LOUISIANA CHICKEN		X								X	X	X	X	X	WITH THAI PEANUT AND PINEAPPLE SOY DRESSING
BOL LOTUS CHOUX-FLEURS	X	X				X				X	X	X	X	O	
BOL LOTUS SAUMON		X				X	X			X	X	X	X	O	
BOL LOTUS HOMARD		X				X		X	X	X	X	X	X	O	
BOL LOTUS TUNA		X				X	X			X	X	X	X	O	
SESAME AHI TUNA		X				X	X				X	X	X	X	WITH LIME-GINGER VINAIGRETTE
DUCK CONFIT							X	X					X	X	WITH GREEN GODDESS VINAIGRETTE

	VEGETARIAN	EGGS	DAIRY PRODUCTS	PEANUTS	NUTS	SESAME	FISH	CRUSTACEANS	MOLLUSKS	WHEAT	GLUTEN	SOY	SULPHITES	MUSTARD	Notes
BURGERS AND SANDWICHES															
BIG DEVIL BURGER		X	X	O	O	O				X	X	O	O		NO SIDE INCLUDED, PLEASE REFER TO THE SIDE SECTION
BÂTON ROUGE BURGER		X	X	O	O	O				X	X	O	O		NO SIDE INCLUDED, PLEASE REFER TO THE SIDESECTION
CLUB SANDWICH		X	X			O				X	X	X	X	X	NO SIDE INCLUDED, PLEASE REFER TO THE SIDE SECTION
PRIME RIB SANDWICH		X	X	O	O	O				X	X	O	X	X	WITH THE AU JUS SAUCE, NO SIDE INCLUDED, PLEASE REFER TO THE SIDE SECTION
NAGANO PORC BURGER		X	X	O	O	O				X	X	O	O		NO SIDE INCLUDED, PLEASE REFER TO THE SIDE SECTION
CHICKEN BURGER		X	X	O	O	O				X	X	X	X	X	NO SIDE INCLUDED, PLEASE REFER TO THE SIDE SECTION
COMFORTING CLASSICS															
CHICKEN TENDERS PLATTER		X	X							X	X	X	X	X	WITH DIJONNAISE SAUCE AND COLESLAW, NO SIDE INCLUDED, PLEASE REFER TO THE SIDE SECTION
HALLOUMI GNOCCHI	X	X	X			O	O	O		X	X	X	X		
SEAFOOD LINGUINE		O	X			O	X	X	X	X	X		X		
SANTA FE CHICKEN			X			O					X	X	X	X	WITH JARDINIERE SAUCE AND GOAT CHEESE, NO SIDE INCLUDED, PLEASE REER TO THE SIDE SECTION
CHICKEN MUSHROOM			X									X	X	X	WITH GARLIC POTATO PURÉE AND VEGETABLES
SIGNATURE RIBS															
BBQ PORK BACK RIBS													X		ONLY THE RIBS, NO SIDE INCLUDED, PLEASE REFER TO THE SIDE SECTION
RIBS & GRILLED CHICKEN											X	X	X	X	NO SIDE INCLUDED, PLEASE REFER TO THE SIDE SECTION
RIBS & CHICKEN TENDER		X	X							X	X	X	X	X	NO SIDE INCLUDED, PLEASE REFER TO THE SIDE SECTION
RIBS & BLACK TIGER SHRIMP			X					X					X		NO SIDE INCLUDED, PLEASE REFER TO THE SIDE SECTION

	VEGETARIAN	EGGS	DAIRY PRODUCTS	PEANUTS	NUTS	SESAME	FISH	CRUSTACEANS	MOLLUSKS	WHEAT	GLUTEN	SOY	SULPHITES	MUSTARD	Notes
STEAKS AND FISH															
NEW YORK STRIPLOIN			X										X		NO PEPPER SAUCE –NO SPICES- VEGETABLES INCLUDED, NO OTHER SIDE INCLUDED, PLEASE REFER TO THE SIDE SECTION
PRIME RIB			X										X		NO <i>AU JUS</i> OR PEPPER SAUCE –VEGETABLES INCLUDED, NO OTHER SIDE INCLUDED PLEASE REFER TO THE SIDE SECTION
RIB STEAK			X										X		NO PEPPER SAUCE –VEGETABLES INCLUDED, NO OTHER SIDE INCLUDED, PLEASE REFER TO THE SIDE SECTION
FILET MIGNON			X										X		NO PEPPER SAUCE –VEGETABLES INCLUDED, NO OTHER SIDE INCLUDED, PLEASE REFER TO THE SIDE SECTION
TOP SIRLOIN			X										X		NO PEPPER SAUCE –VEGETABLES INCLUDED, NO OTHER SIDE INCLUDED, PLEASE REFER TO THE SIDE SECTION
BAVETTE												X			NO PEPPER SAUCE –VEGETABLES INCLUDED, NO OTHER SIDE INCLUDED, PLEASE REFER TO THE SIDE SECTION
ATLANTIC SALMON			X				X					O	X		WITH SAUCE VIERGE, RICE, AND VEGETABLES
GRILLED BRANZINO		O	X	O	O	O	X	O	O	O	X	O	O	O	WITH SAUCE VIERGE, AND CREAMY CHEESE RISOTTO
BLACK COD			X	O	O	X	X	O	O	O		X	O	O	
SALMON TARTARE / TUNA TARTARE		X	X		O	X	X			X	X	X	X		CAN BE SERVED WITH TORTILLA CHIPS FOR A GLUTEN FREE DISH. TORTILLAS CHIPS MAY BE COOKED IN THE SAME OIL AS SOME PRODUCTS THAT CONTAINS GLUTEN AND/OR CRUSTACEANS. NO SIDE INCLUDED, PLEASE REFER TO THE SIDE SECTION
KID'S MENU															
MINI BURGERS		X	O		O	O				X	X	O	X		NO SIDE INCLUDED, PLEASE REFER TO THE SIDE SECTION
RIBS													X		NO SIDE INCLUDED, PLEASE REFER TO THE SIDE SECTION
GRILLED CHICKEN												X	X	X	BBQ SAUCE INCLUDED, ACCOMPANIMENT NOT INCLUDED, PLEASE REFER TO THE ACCOMPANIMENTS SECTION
CHICKEN TENDERS		X	X							X	X	X	X	X	BBQ SAUCE INCLUDED, NO SIDE INCLUDED, PLEASE REFER TO THE SIDE SECTION
PASTA WITH CREAMY TOMATO SAUCE	X		X							X	X	X	X		
DESSERTS															
ICE CREAM	X	X	X												
CREME BRULEE	X	X	X	O						O		X	O		
CHOCOLATE CAKE	X	X	X	O						O		X	X		
WHITE CHOCOLATE RASPBERRY CHEESECAKE	X	X	X	O						X		X	X		
PRETZEL						O				X	X	O	O		
CHOCOLATE DIP		X	X	O	X					O	O	X	O		

	VEGETARIAN	EGGS	DAIRY PRODUCTS	PEANUTS	NUTS	SESAME	FISH	CRUSTACEANS	MOLLUSKS	WHEAT	GLUTEN	SOY	SULPHITES	MUSTARD	Notes
DRESSINGS															
PINEAPPLE AND SOY	X	X								X	X	X	X	X	
CAESAR							X	X					X	X	
ITALIAN	X	X	X				X	X	X	X	X	X	X	X	
LIME-GINGER	X	X										X	X	X	
HONEY MUSTARD	X	X										X	X	X	
GREEN GODDESS		X	X				X					O			
SAUCES															
AU JUS		X	X							X	X	X	X	X	
BBQ	X												X		
JARDINIÈRE	X												X	X	
GARLIC BUTTER	X		X												
DIJONNAISE	X	X	X							X	X	X	X	X	
GENERAL TAO	X					X				O	X	X	X		
AIOLI SMOKE SHOW	X	X												X	
MAYONNAISE CHIPOTLE	X	X													
MAYONNAISE SRIRACHA	X	X										X			
PEPPER SAUCE		X	X							X	X	X	X	X	
POKE SAUCE	X	X				X						X	X	X	
POUTINE SAUCE	X									X	X	X	X	X	
TARTARE SAUCE	X	X	X										X	X	
PEANUT THAI	X			X						X	X	X	X		
TOMATO	X														
CHIMICHURRI			O												
BEARNAISE			X								X	O			
MUSHROOM			X										X		
EXTRAS															
SHRIMP SKEWER			X					X					X		WITH GARLIC BUTTER
SKILLET MUSHROOM	X		X										X	X	WITH GARLIC BUTTER- NO SPICES
POUTINE	X		X							X	X	X		X	
SIZZLING SCALLOPS AND SHRIMPS			X				X	X	X				X		WITH GARLIC BUTTER
LOBSTER TAIL			X					X					X		WITH GARLIC BUTTER
CHICKEN BREAST												X	X	X	
MAF & CHEESE			X							X	O				MAFALDA PASTA WITH TRUFFLE CHEESE

<div> <div>BÂTON ROUGE</div> <div>GRILLHOUSE & BAR</div> </div>	VEGETARIAN	EGGS	DAIRY PRODUCTS	PEANUTS	NUTS	SESAME	FISH	CRUSTACEANS	MOLLUSKS	WHEAT	GLUTEN	SOY	SULPHITES	MUSTARD	Notes
SIDES															
TORTILLA CHIPS	X						O	O			O				TORTILLA CHIPS MAY BE COOKED IN THE SAME OIL AS SOME PRODUCTS THAT CONTAINS GLUTEAN AND/OR CRUSTACEANS
FRIES	X														NO SEASONING
SWEET POTATO FRIES	X									X	X				NO MAYONNAISE CHIPOTLE
SEASONAL VEGETABLES	X		X												VEGGIES CAN BE COOKED WITH OIL INSTEAD OF BUTTER FOR A DAIRY-FREE SIDE
BAKED POTATO	X														PLAIN
FULLY LOADED BAKED POTATO			X										X		
GARLIC POTATO PUREE	X		X												
WILD RICE PILAF												O			
COLESLAW	X	X	X										X	X	
ONION RINGS	X									X	X				

